

News Release

March 22, 2013

Pine Cliff Energy Ltd. Securities Filing

Pine Cliff Energy Ltd. (Pine Cliff) (www.pinecliffenergy.com) (TSX-V: PNE) is pleased to announce it has filed today, March 22, 2013, with Canadian securities authorities its 2012 disclosure documents. Included in the Canadian filings were Pine Cliff's Annual Information Form, including disclosure and reports related to reserves data and other oil and gas information pursuant to National Instrument 51-101; its audited Consolidated Financial Statements; and its related Management's Discussion and Analysis for the year ended December 31, 2012.

Copies of the filed documents may be obtained through www.sedar.com or Pine Cliff's website www.pinecliffenergy.com. To request a hard copy, free of charge, please send an email request to info@pinecliffenergy.com.

For further information, please contact:

Philip B. Hodge, President, CEO and Director or Robb D. Thompson, CFO and Secretary or Kirsten Lankester, Manager, Investor Relations

Telephone: 403-269-2289

Fax: 403-265-7488

Email: <u>info@pinecliffenergy.com</u>
Website: <u>www.pinecliffenergy.com</u>

Not for distribution to U.S. news wire services or dissemination in the United States

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.